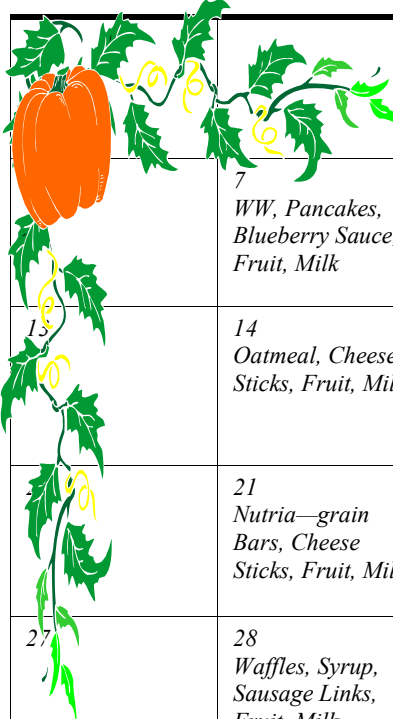
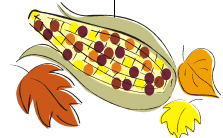
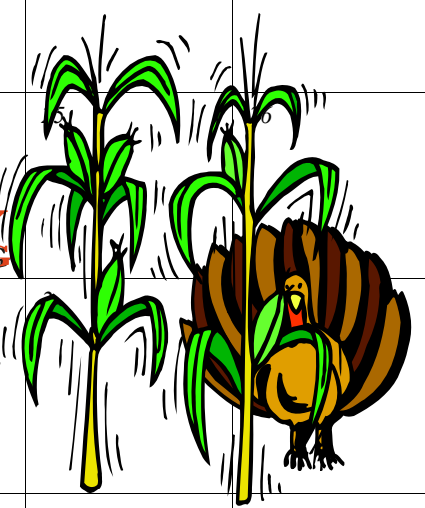


November 2011 Breakfast

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Cold Cereal, Toast, Jelly, Fruit, Milk</i>	2 <i>Cinnamon Roll, Sausage Links, Fruit, Milk</i>	3 <i>Biscuits & Ham Fruit, Milk</i>	4	5
	7 <i>WW, Pancakes, Blueberry Sauce, Fruit, Milk</i>	8 <i>Banana Bread, Cheese Stick, Fruit, Milk</i>	9 <i>Malt o meal, Toast, Fruit, Milk</i>	10 <i>Donuts, Sausage Links, Fruit, Milk</i>	11	12
	14 <i>Oatmeal, Cheese Sticks, Fruit, Milk</i>	15 <i>Biscuits & Gravy, Fruit, Milk</i>	16 <i>Cold Cereal, Toast, Fruit, Milk</i>	17 <i>Muffin, Cheese Sticks, Fruit, Milk</i>		19
	21 <i>Nutria—grain Bars, Cheese Sticks, Fruit, Milk</i>	22 <i>Toast, Yogurt Fruit, Milk</i>	23 <i>No School</i>	24 <i>No School</i>	25	26
27	28 <i>Waffles, Syrup, Sausage Links, Fruit, Milk</i>	29 <i>Breakfast Pizza Fruit, Milk</i>	30 <i>Sausage & Cheese on a bun, Fruit, Milk</i>	1 <i>Frittata, Tortilla, Fruit, Milk</i>	2	3



November 2011 Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Personal Invitation to Parents: Please come join your student Nov 17th, for a Traditional Thanksgiving Dinner, \$2.50</i></p>		1 <i>Soft Tacos. Corn, Salsa, Salad Bar, Fruit, Milk</i>	2 <i>Baked Herbed Chicken, WW Dinner Roll, Salad Bar, Fresh, or Canned Fruit, Milk</i>	3 <i>Spaghetti w/ Meat Sauce, Garlic Bread, Salad Bar, Fresh or canned Fruit, Milk</i>	4	5
<p><i>for Adults and \$1.25 for children Please call to RSVP: 379-3259 ext. 1007.</i></p>	7 <i>Easy Tacos, Salad Bar, Fresh or Canned Fruit, Milk</i>	8 <i>Chicken Noodle Soup, Saltines, Salad Bar, Fresh or Canned Fruit, Milk</i>	9 <i>Deli Sandwich, Potato Wedges, Salad Bar, Fresh or Canned Fruit, Milk</i>	10 <i>Chicken Pasta Salad, WW Bread, Salad Bar, Fresh or Canned Fruit, Milk</i>	11	12
13	14 <i>Grilled Cheese, & Vegetable Soup, Salad Bar, Fruit, Milk</i>	15 <i>Homemade Pizza, Salad Bar, Fruit, Milk</i>	16 <i>Grilled Chicken Sandwich, Salad Bar, Fresh or canned fruit, Milk</i>	17 No Salad Bar <i>Turkey, Stuffing, Mashed Potatoes, Gravy, Dinner Roll, Cranberry Sauce, Pumpkin Pie, Milk</i>	18	19
20	21 <i>Chili con carne, Green Chili Corn Bread, Salad Bar, Fresh or Canned Fruit, Milk</i>	22 <i>Cheese Burger, Roasted Potatoes Salad Bar, Fresh or Canned Fruit, Milk</i>	23 <i>No School</i>	24 <i>No School</i>		
27	28 <i>Bean Tostada Salsa, Salad Bar, Fresh or Canned Fruit, Milk</i>	29 <i>Hot Dogs, Ranch Style Beans, Salad Bar, Fresh or canned Fruit, Milk</i>	30 <i>BBQ Rib Sandwich, Potato Wedges Salad Bar, Fresh or Canned Fruit, Milk</i>	1 <i>Beef a Roni, Herbed Potatoes, Salad Bar, Fresh or Canned Fruit, Milk</i>		