


September 2011 Breakfast

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>French Toast Sticks, Syrup, Fruit, Milk</i>	2	3
4	No School	6 <i>Banana Bread, Cheese Stick, Fruit, Milk</i>	7 <i>Malt o meal, Toast, Fruit, Milk</i>	8 <i>Donuts, Sausage links, Fruit, Milk</i>	9	10
11	12 <i>Oatmeal, Cheese Sticks, Fruit, Milk</i>	13 <i>Frittata, Tortilla, Fruit, Milk</i>	14 <i>Blueberry Bars, Fruit, Milk</i>	15 <i>Sausage & Cheese on a bun, Fruit,</i>	16	17
18	19 <i>Biscuits & Gravy, Fruit, Milk</i>	20 <i>Oatmeal Bars, Sausage Pattie, Fruit, Milk</i>	21 <i>Pancakes, Blue- berry Sauce, Fruit, Milk</i>	22 <i>Malt o meal, Toast, Fruit, Milk</i>	23	24
25	26 <i>Waffles, Syrup, Sausage Links, Fruit, Milk</i>	27 <i>Muffin Squares, Cheese Sticks, Fruit, Milk</i>	28 <i>Cold Cereal, Toast, Fruit, Milk</i>	29 <i>Egg & sausage on a Bun, Fruit, Milk</i>	30	

September 2011 Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>Soft Tacos. Corn, Salsa, Salad Bar, Fruit, Milk</i>	2	3
4	No School	6 <i>Chili con carne, Green Chili Corn Bread, Salad Bar, Fresh or Canned Fruit, Milk</i>	7 <i>Deli Turkey Sand- wich, Potato Wedges, Salad Bar, Fresh or Canned Fruit, Milk</i>	8 <i>Chicken Alfrado, Whole Wheat Bread, Salad Bar, Fresh or Canned Fruit, Milk</i>	9	10
11	12 <i>Grilled Cheese, & Vegetable Soup, Salad Bar, Fruit, Milk</i>	13 <i>Homemade Pizza, Salad Bar, Fruit, Milk</i>	14 <i>Grilled Chicken Sandwich, Salad Bar, Fresh or Canned Fruit, Milk</i>	15 <i>Asian BBQ Chicken, Roll, Salad Bar, Fresh or Canned Fruit, Milk</i>	16	17
18	19 <i>Cheese Burger, Roasted Potatoes Salad Bar, Fresh or Canned Fruit,</i>	20 <i>Spaghetti w/ Meat Sauce, Garlic Bread, Salad Bar, Fruit, Milk</i>	21 <i>Easy Tacos, Salad Bar, Fresh or Canned Fruit, Milk</i>	22 <i>Mac & Cheese w/ Ham, Salad Bar, Fresh or Canned Fruit, Milk</i>	23	24
25	26 <i>Bean Tostada, Salsa, Salad Bar, Fresh or Canned Fruit, Milk</i>	27 <i>Beef a Roni, Herbed Potatoes, Salad Bar, Fresh or Canned Fruit, Milk</i>	28 <i>Cheese Enchila- das, Salsa, Salad Bar, Fresh or Canned Fruit, Milk</i>	29 <i>Turkey & gravy, Roll, Salad Bar, Fresh or Canned Fruit, Milk</i>	30 