
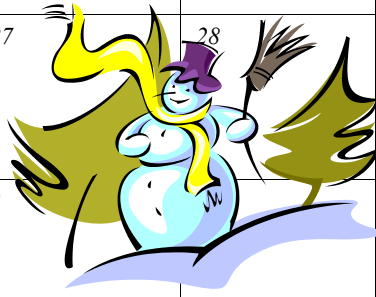

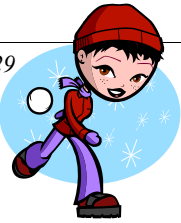


# January 2012 Breakfast

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 Nutrition bar, Juice, cheese stick, fruit, milk	3 Cold Cereal, Toast, Jelly, Fruit, Milk	4 Sweet Fruit Bread Fruit Smoothies, Milk	5 Biscuits & Sau- sage patties Fruit, Milk	6	7
8	9 WW, Pancakes, Blueberry Sauce, Juice, Milk	10 Banana Bread, Cheese Stick, Fruit, Milk, Milk	11 Malt o meal, Toast, Fruit Smoothies, Milk	12 Donuts, Sausage links, Fruit, Milk	13	14
15	16 Oat Meal, Cheese Sticks, Juice, Milk	17 Frittata, Tortilla, Fruit, Milk	18 Muffins, Cheese Sticks, Fruit Smoothies, Milk	19 Sausage & Cheese on a bun, Fruit, Milk	20	21
22	23 Cold Cereal, Cheese Sticks, Juice, Milk	24 Toast Yogurt Fruit, Milk	25 French Toast, Syrup, Fruit Smoothies, Milk	26 Cinnamon Roll, Sausage Links, Fruit, Milk	27	28 
29	30 Waffles, Syrup, Sausage Links, Juice, Milk	31 Breakfast Pizza Fruit, Milk	1 Cold Cereal, Toast, Fruit Smoothies, Milk	2 Biscuits & Gravy, Fruit, Milk	3	

# January 2012 Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Meat Ball Subs, Tator Tots, Salad Bar, Fresh or Canned Fruit, Milk	3 Soft Tacos, Corn, Salsa, Salad Bar, Fruit, Milk	4 Deli Sandwich, Potato Wedges, Salad Bar, Fresh or Canned Fruit, Milk	5 Spaghetti w/ Meat Sauce, Garlic Bread, Salad Bar, Fresh or canned Fruit, Milk	6	7
8	9 Easy Tacos, Salad Bar, Fresh or Canned Fruit, Milk	10 Chicken Noodle Soup, Saltines, Salad Bar, Fresh or Canned Fruit, Milk	11 Baked Herbed Chicken, WW Dinner Roll, Salad Bar, Fresh, or Canned Fruit,	12 Posole, Tortillas, Cheese Stick, Salad Bar, Fresh or Canned Fruit, Milk	13	14 
15	16 Grilled Cheese, & Vegetable Soup, Salad Bar, Fruit, Milk	17 Pizza Burgers, Salad Bar, Fruit, Milk	18 Grilled Chicken Sandwich, Salad Bar, Fresh or canned fruit, Milk	19 Turkey Gravy, Mashed Potatoes, Dinner Roll, , Salad Bar, Fresh or canned fruit, Milk	20	
22 	23 Chili con carne, Green Chili Corn Bread, Salad Bar, Fresh or Canned Fruit, Milk	24 Cheese Burger, Roasted Potatoes Salad Bar, Fresh or Canned Fruit, Milk	25 Lasagna, Garlic bread, Salad bar Fresh or Canned Fruit, Milk	26 Hot Dogs, Ranch Style Beans, Salad Bar, Fresh or canned Fruit, Milk	27	28
29	30 Bean Tostada Salsa, Salad Bar, Fresh or Canned Fruit, Milk	31 Chicken Noodle Soup, String Cheese, Saltines, Salad Bar, Fruit, Milk	1 Sausage Pizza, Salad Bar, Fresh or Canned Fruit, Milk	2 Beef a Roni, Gar- lic Bread, Salad Bar, Fresh or Canned Fruit, Milk	3	4