



COSTILLA COUNTY PUBLIC HEALTH AGENCY

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FOR IMMEDIATE RELEASE

0945, March 26, 2020. Costilla County Public Health Agency was notified by the SLV Regional Epidemiologist, that there is a positive confirmation of a COVID-19 case in Costilla County. The case involves an individual in their 20's. The individual is currently isolating at home, and cooperating with Public Health to further investigate the case.

Public Health will not release information regarding the identity of the individual due to national privacy laws. If you know someone who has received a positive test result, please be respectful of their privacy and do not share that information out.

Costilla County Public Health Agency advises all residents to follow the law and Governor Polis' order to stay-at-home. This is a reminder that the virus is in our community, so remember to keep observing social distancing to minimize exposure. Per the order, individuals are able to leave for essential services, such as, medical care, getting medications, and groceries.

If you think you have been in close contact with someone who has been diagnosed with COVID-19, you should self-quarantine for 14 days. If you feel sick, self-isolate and stay home for at least 7-days from the onset of symptoms, you have no remaining symptoms and until you have not had a fever for 72- hours without using medication to reduce fevers.

For further information, use the SLV information hotline (719-480-8719) or visit covid19.colorado.gov.

If you have symptoms of COVID-19 and are in the San Luis Valley, please call the local nurse hotlines: SLV Health Nurse Line (719-589-2511 ext. 9) and Rio Grande Hospital Nurse line (719-657-4990). They will assess your condition over the phone and give you instructions on what to do next.